

WELL BEING POLICY

BUXTON INFANT SCHOOL

This policy was reviewed by the Governing Body on 18th April 2023

It will be reviewed May 2025

Signed:

Date:

Well Being Policy

Rationale

This policy forms part of the school's overall aims, vision and values. At Buxton Infant School we believe that our children have the right to feel safe and free from risk of harm. We will ensure that every child is valued as an individual and the school will do all it can to promote the health and happiness of all pupils.

As part of our overall strategy to promote pupil well being, this policy should be read in conjunction with the following key policies:

Health and Safety
Safeguarding
Behaviour management and discipline
Curriculum
PHSE
P.E
Physical Activity
School Food
Race Equality
Special Needs

The school's aims and values can be found on the website and in our prospectus.

Aims

- To ensure that children feel happy and secure
- To help pupils foster positive attitudes about themselves and others
- To help pupils develop as confident individuals and prepare them to be responsible citizens in the future
- To help pupils to explore and express their feelings, build confidence and emotional resilience
- To equip pupils with the knowledge and skills required to make informed choices about their health and well being.

Provision for pupil well being is ensured in the following ways:

Safety

All members of staff are subject to a rigorous vetting procedure in accordance with Safe Recruitment. Volunteers in school are checked using DBS (Disclosure and Barring Service). Pupils are supervised at all times both on school premises and on educational visits.

All children are encouraged to feel safe to talk freely and openly to any member of staff about any worries or concerns that they may have. Staff will respond in an appropriate manner offering guidance and support and following procedures in our Children Protection Policy. All members of staff have their Child Protection and First Aid training regularly updated and pupils that have medical issues each have a detailed care plan that is shared with staff. A record of this training is maintained and updated in the school office.

All activities within the school curriculum are subject to a detailed risk assessment process and the school building and grounds is also risk assessed.

Relevant members of staff record all accidents and minor injuries incurred by pupils and all head bumps are communicated to parents by a phone call. Parents are asked to sign the accident book to confirm that they have been informed of the head bump.

Fostering good relationships

The school deals sensitively with any issues of minor disagreements and difficulties between pupils. Children are helped to resolve their differences and learn techniques to do so through dedicated lessons in PHSE and R-Time. Staff keep parents informed through face to face contact at the end of the school day or by phone call if that is felt appropriate.

Bullying is unacceptable behaviour. The school has a clear policy and procedures in place to follow where bullying does occur and all parents and carers are issued with a booklet at the beginning of each school year outlining these.

Buxton Infant School has a buddy system in place where year two pupils are partnered with those in Reception within their first few weeks at school. The older child “looks out” for their buddy’s welfare in the playground. There are also several opportunities for buddies to work together over the course of the school year during focus weeks. At these times children are organised into mixed aged animal teams rather than their usual classes.

Respect for Others

Buxton Infant School respects the individuality of every person and pupils are taught to be non-judgemental and supportive. All pupils are treated equally regardless of disability, religion, ethnicity, social background, sexualisation, sexual orientation and culture. We believe that good manners are very important and we promote and encourage these.

Spiritual, Moral, Social and Cultural Development.

The school considers the spiritual, Moral, social and cultural development of the children to be of a high priority. To ensure that these aspects of education underpin the children’s learning and learning responsibility.

Spiritual Development

Spiritual development is concerned with a child’s sense of identity, personal insight, and character and belief system.

In order to develop this aspect of a pupil’s life the school will provide opportunities for them to

- Reflect and question
- Consider their own feelings
- Develop their own personal beliefs and values
- Explore diversity and difference
- Show insights into important questions concerning life, change and death
- Develop an understanding of relationships.

Moral Development

The school has established “Golden Rules” which are shared and explored with all classes and in assemblies these provide a moral code for expectations with in schools and are as follows:-

- We are gentle
- We are honest
- We work hard
- We listen
- We look after property
- We are kind and helpful

Social Development

At Buxton Infant School we believe that children who are emotionally secure and socially competent are better able to access the curriculum and reach their academic potential. All pupils receive direct teaching to develop these aspects of their learning through timetabled PHSE and R time lessons. Teaching follows a clear scheme of work devised for each year group. Additionally, the school does parallel curriculum objectives within teaching within social development through the emphasis on concepts such as collaboration, communication and empathy. Buxton Infant school holds the stop award for its anti-bullying work, has a robust policy and procedure surrounding bullying. Year two children receive training on how to be a “buddy” to other children in the playground and several focus days are held annually to develop the children’s understanding of issues connecting with bullying by e-safety.

Cultural Development

The school recognises the importance of developing the children’s understanding of British values and of Britain as a multicultural society. British values form part of our PHSE and RE curriculum but additionally the school has a social link for children in year one and two with

Herald Place School in Rusholme, Manchester. Children's understanding of the wider world is developed through links with a number of schools across Europe in Italy, Germany, and Finland.

Healthy Lifestyles

Pupils have at least two hours of physical activity per week through the curriculum plus additional activities in sports clubs and lunchtime activities.

The Science and PHSE curriculum teaches about the importance of keeping fit and healthy eating choices. The school has a clear Food Policy supporting healthy choices and provides fruit at morning break for all children and milk for those of Reception age.

Support for pupils at particular risk

Buxton Infant School is a fully inclusive school and works closely with outside agencies and parents to fully support any pupils with Special Educational Needs. The school has both a Disability and Accessibility plan.

The school works closely with other agencies of Crossroads, MAT team and has its own Family Resource worker to support vulnerable children and families. Pupils who have particular emotional and social needs will be supported through a variety of intervention programmes.

Equal Opportunities

All children will be treated equally irrespective of race, gender, and creed, level of ability or nationality.

Adopted by the governing board of Buxton Infant School on **18th April 2023**